

Presenter Name	Brief Biography
Abb, Madelfia A.	Madelfia A. Abb is a second-year graduate student at Wake Forest University pursuing a master's degree in Counseling with a concentration in Clinical Mental Health Counseling. She earned her B.S. degree in Biology from the University of California at Irvine. After 25 years of military service, she is transitioning into the counseling profession with an interest in pain management and serving the needs of exceptional patients and loved ones dealing with cancer.
Akers, Whitney P.	Whitney P. Akers is an Assistant Professor at UNC-Pembroke. Whitney earned a PhD in Counseling and Counselor Education and Graduate Certificate in Women's and Gender Studies from UNC-Greensboro. Whitney's research centers on advocacy with LGBTQ+ populations and how intersections of queerness, race, class, ability, spirituality, and ethnicity influence mental health.
Anandavalli, S.	Anandavalli is a third-year doctoral student at the department of counseling and educational development. Recently, she was selected as Emerging Leader Fellow for Southern Association for Counselor Education and Supervision. Anandavalli is also a student representative of the International Committee at the School of Education, UNCG.
Anderson, Nicole	Nicole is a school counselor with a passion for helping adolescents reach their full potential. She is also a second year doctoral student with North Carolina Agricultural and Technical State University.
Aucoin, Rose	Rose is a Doctoral student at UNCC in Counselor Education and Supervision. She is a licensed LPC and LCAS. She has worked as a professional counselor in programs that provide services to clients dealing with substance use disorders and or co-occurring Disorders. Her research interests are in Addictions, Multicultural Counseling, and Education of Counseling Students.
Aycock, Pamela	Pamela Aycock, BA, MA, RYT200: Pamela is a graduate student in the Clinical Mental Health Counseling program at Appalachian State University, concentrating on Body Centered Therapy.

Baker, Stanley B.	Baker, Stanley B., PhD, is a professor of counselor education at North Carolina State University, Raleigh. Understanding and enhancing career and college readiness are among his current research interests.
Balog, Valerie G.	Dr. Balog serves as a Clinical Faculty member at SNHU and also maintains a small private practice, focusing on LPCA supervision, in Charlotte, NC. Dr. Balog spent 13 years as a faculty member at UNC-Charlotte. She served as both the MA Program Director and Co-Director of Clinical Field Placements.
Barnes, Rachelle Redmond	Rachelle Redmond Barnes is an assistant professor of psychology at Winston-Salem State University. She received a master's degree in rehabilitation psychology and counseling from UNC Chapel Hill and doctorate in counseling and counselor education from The University of North Carolina at Greensboro.
Barrett, Brianna	Briana Barrett is a first year graduate student in the M.Ed. Clinical Mental Health Counseling program at North Carolina State University. Upon graduating from the program, she hopes to become an LPC with the goal of working with children and families.
Barrow, Jennifer	Dr. Barrow serves as Assistant Professor in the Department of Allied Professions at North Carolina Central University where she heads the School Counseling Program.
Bates, Damaris	Damaris Bates obtained a Bachelor's degree in Psychology from Appalachian State University. She is a first year student in the Clinical Mental Health Counseling Program at Appalachian State University, pursuing an Expressive Arts Therapy Certificate. Research interests include the use of Expressive Arts Therapy with an Existential approach.

<p>Beason, Matthew</p>	<p>Matthew Beason is currently enrolled in a Master of Arts in Clinical Mental Health Counseling at Appalachian State University. He also holds a Bachelor of Arts in Psychology from the University of North Carolina at Asheville. Additionally, he has extensive professional experience working in wilderness therapy with an “at-risk” adolescent population. He is interested in solving the problem of misunderstood adolescents.</p>
<p>Bell, Carolyn</p>	<p>Carolyn Bell is currently pursuing a MA in Counseling at Wake Forest University. She has a BA in Economics from Stanford University. Carolyn graduated with honors from Columbia Business School earning an MBA with a concentration in Finance.</p>
<p>Belsey, Jaime</p>	<p>Jaime Belsey is a first year Masters student in the Clinical Mental Health Counseling program at Appalachian State University. Her background is in elementary special education. She is passionate about working with children who have had traumatic experiences based on her experience as a teacher in rural North Carolina.</p>
<p>Benitez, Carolina E.</p>	<p>Dr. Benitez is a recent grad of North Carolina -Charlotte campus with a doctoral degree in counselor education and supervision. Dr. Benitez recently joined the faculty at Gordon-Conwell. She loves teaching and training and also provides counseling services to many Latino Spanish speaking clients.</p>
<p>Berry, Alice</p>	<p>Alice Berry, MT-BC is currently pursuing dual Masters in Clinical Mental Health Counseling and Music Therapy at Appalachian State University. Her clinical focus is mental wellness for development of community among gender and sexual minorities experiencing discrimination.</p>
<p>Binkley, Erin E.</p>	<p>Dr. Binkley is an Assistant Professor of Counseling at Wake Forest University. Her teaching focuses on clinical development, and her research interests focus on crisis, advocacy, and creativity in counseling. Additionally, she holds an LPC in the state of North Carolina and works with youth experiencing crisis and trauma.</p>

Blanchard, Rebecca	Rebecca Blanchard is a Masters student in the clinical mental health track at UNC Charlotte. She has 13 years experience working with children and is pursuing her certificate in play therapy.
Blankenship, Rebecca	Rebecca Blankenship is a first year Masters student in the Clinical Mental Health Counseling program at Appalachian State University. She completed undergraduate studies in psychology. She is passionate about positive child development and community involvement. She wishes to pursue a career in counseling children and adolescents in underserved populations.
Breaker, Angela	Angela Breaker has an M.S. in School Counseling from Capella University and is a Counselor Education & Supervision doctoral candidate in dissertation at Capella. She holds memberships in NCSCA, ASCA, Chi Sigma Iota, Pi Gamma Mu, and Psi Chi. Ms. Breaker is a full-time high school counselor in North Carolina.
Briggs, Cynthia	Cynthia Briggs earned her BS from Guilford College, her MA. Ed. from Wake Forest University, and her PhD in Counseling from Oregon State University. She is a faculty member in the Clinical Mental Health Counseling Master's program at Walden University. She currently lives in Winston-Salem, NC.
Brisson, Brittany	Brittany Brisson graduated in 2015 from East Carolina University with a BFA in Art Education. She works for Durham Public Schools as an Art Education Specialist and Crisis Prevention/Intervention Specialist. She is currently a Clinical Mental Health graduate student at Wake Forest University with a research interest in Creative and Expressive Therapies with Immigrant and Refugee communities.
Broadus, Tiara	Tiara Broadus is a high school counselor at Cummings High School in Burlington, NC. She hold a masters from VCU in School Counseling and an Ed.S. in School Administration from ODU. She is a native of Williamsburg, VA. She currently attends NC State where she is pursuing a Ph.D. in Educational Psychology. She is married and has one daughter.
Brooks-Livingston,	Angela currently works at Daymark Recovery working with youth, families, clients who struggle with borderline personality disorder, and transgender

Angela	clients. Angela teaches adjunct at Appalachian State University. She practices soul-care by hiking with her partner and dog, crocheting, practicing Julia Child recipes, and listening to 80s hairbands.
Brown-Ramseur, Wanda	I'm Wanda Brown-Ramseur, LPCS, LCAS, CCS, CSOTS, MAC, a clinician in private practice in the Greensboro / Winston Salem and the surrounding areas who specializes in the treatment of developmental trauma. Trained in EMDR and Alpha-Stim, I specialize in evidence-based Trauma-Focused Therapy.
Brown, Kallie	Kallie is a Graduate student in the Clinical Mental Health Counseling program at Appalachian State University. Kallie is a former wilderness field guide and it is through her experience in the field that she has found a firm belief in the effectiveness of wilderness therapy as a path to healing and self-discovery.
Brown, LaTisha	LaTisha Brown worked with adolescents and families as a Professional School Counselor for the last 7 years and recently decided to develop a private practice to work extensively with teens and families to overcome life's challenges. She is a full-time graduate student pursuing a PhD in Counselor Education at NCSU.
Brown, Shanita	Dr. Shanita Brown is a speaker, educator, licensed counselor and consultant that believe in fostering transformative and empowering dialogue about the intersection of domestic and sexual violence, and mental health wellness. She is a past governing council board member, and secretary of the NCCA.
Bueno, Andrea	Andrea Bueno obtained a Bachelor's degree in Psychology with a minor in Dance from Florida International University in 2016. Currently, she is a student in the Clinical Mental Health Counseling Master's Program at Appalachian State University. In the future, she hopes to work with children from military families.
Bundy, Atticia P.	Dr. Bundy earned her PhD in Counseling and Counselor Education from UNCG in 2004 and holds the Licensed Professional Counselor Supervisor (LPCS; NC) and National Certified Counselor (NCC) credentials. She is a member of the American Counseling Association and North Carolina Counseling Association. She currently is a Clinical Counselor at North Carolina A&T State University in Greensboro, N.C.

Burden, Kendrick	Kendrick Burden earned his bachelor and master of social work degrees at East Carolina University. He has 11 years of experience working with diverse families in a variety of settings. Kendrick is also a certified Trauma-Focused Cognitive Behavioral therapist in North Carolina.
Carthen, Jacqueline	Jacqueline Carthen is a third-year doctoral student in North Carolina Agricultural and Technical State University's Rehabilitation Counseling and Counselor Education program. Jacqueline has approximately 14 years working in mental health. Her interests include trauma-informed systems, social justice and advocacy, and counseling children and adolescents.
Cashwell, Tammy H.	Tammy Cashwell is an Assistant Teaching Professor at Wake Forest University and has a small private practice. She has experience in school counseling (elementary and high school), college counseling, community mental health agency, and private practice. She happily shares her life with Sam (daughter) and Tucker (dog).
Chamberlin, Brandi	Brandi is a department chair, and has worked in many clinical settings including intensive in-home therapy, drug and alcohol rehabilitation, geriatric psychiatric unit, the adult psychiatric unit as well as group and family work with individuals and families dealing with substance abuse issues.
Chase, Lauren	Lauren Chase is a doctoral student in the Counselor Education and Supervision program at the University of North Carolina at Charlotte in Charlotte, North Carolina. Her research and clinical interests include play therapy interventions with children who have experienced sexual abuse and/or homelessness.
Chung, Sharon	Dr. Sharon Chung is a Teaching Assistant Professor and Online School Counseling Program Coordinator at NC State University. She received her Doctorate in Counselor Education from the College of William and Mary. Sharon has a background in professional school counseling, having earned valuable experience with a diverse student population.
Clarke, Philip B.	Dr. Philip B. Clarke, PhD, is an Associate Professor in the Department of Counseling at Wake Forest University. His research interests include the integration of wellness and developmental theories in counseling practice and supervision, addiction, and persons diagnosed with dementia and their caregivers.

Clunan, Megan	Dr. Megan Clunan is an Assistant Professor within the Psychology and Human Services Department of Montreat College in Montreat, North Carolina. Dr. Clunan earned her BA from Florida State University in International Affairs. Dr. Clunan's graduate degrees were earned from the New Orleans Baptist Theological Seminary -- a MA in Marriage and Family Counseling, a Masters of Theology, and a PhD in Psychology and Counseling. Dr. Clunan is a Licensed Professional Counselor, a Licensed Mental Health Counselor and certified Supervisor for Mental Health Counseling and Marriage and Family Therapy interns pursuing licensure. She has extensive experience working with survivors of childhood sexual abuse trauma, at-risk youth, and issues related to marriage and family. She is certified in various evidence-based models, including Trauma Focused Cognitive Behavioral Therapy. Apart from work, Dr. Clunan enjoys spending time with her family, hiking, swimming, and running.
Colbert, Calista	Calista Colbert is a graduate student pursuing a master's degree in Clinical Mental Health Counseling and certification in Expressive Arts Therapy at Appalachian State University.
Cole, Kirsten	Kirsten Cole completed a B.S. in Psychology with a minor in Social Work from Appalachian State University. Kirsten is currently in the Clinical Mental Health Counseling Graduate Program at Appalachian State University.
Corry, Livia	Ms. Corry is a second-year graduate student and graduate assistant in NCCU's Counselor Education Program. She is pursuing her Masters degree in Clinical Mental Health Counseling and she is also pursuing her Licensed Clinical Addictions Specialist credential. She hopes to work with clients experiencing grief, trauma, and loss across the lifespan.
Cox, Robert M.	Dr. Robert m Cox is currently an Assistant Professor of Human Relations and Substance Abuse Counseling at Pfeiffer University-Charlotte. He earned his masters in addiction counseling in 1998 and his doctorate in counseling and counselor education in 2016. His clinical experiences include working in addictions treatment, crisis intervention, and correctional mental illness.
Crain, Bryony	Bryony Crain is an LPC and Board Certified Coach in Raleigh, North Carolina, and is owner and psychotherapist at Rebirth Counseling and Coaching, PLLC. Bryony has been licensed since 2010, but developed an interest in perinatal mental health after the birth of her daughter in 2016. She has since completed the Maternal Mental Health certificate training through

	<p>Postpartum Support International and has become a Bringing Baby Home educator. Bryony has a particular passion for advocacy, training and practice around the impact of birth trauma on parents and their children.</p>
<p>Crockett, Jamie E.</p>	<p>Jamie E. Crockett is an Assistant Professor in Wake Forest University's Department of Counseling. She is also a Counselor at Triad Counseling and Clinical Services. Her clinical and research interests include human development, emotion-regulation, mindfulness and breath based approaches, holistic wellness; religion and spirituality; ethics; multicultural competence; and high-risk populations.</p>
<p>Cronin, Claire</p>	<p>Claire Cronin graduated from Regis University with her Master's of Arts in Counseling, and achieved a postgraduate certificate in counseling children and adolescents. Claire is both a Licensed Professional Counselor and a Registered Play Therapist. Claire is currently in the PhD in Counselor Education and Supervision program at UNCC.</p>
<p>Crouse, Hannah</p>	<p>Ms. Crouse is a Licensed Professional Counseling Associate. She received her M.S. in Counselor Education from East Carolina University. Through her internships and volunteer work, she has worked with underprivileged and oftentimes marginalized populations. Her interest are researching social justice advocacy and multicultural issues in counseling.</p>
<p>Crowe, Allison</p>	<p>Allison Crowe, PhD., LPC, NCC, ACS, is an Associate Professor in the Counselor Education Program at East Carolina University and a Licensed Professional Counselor. She received her PhD in Counseling and Counselor Education from the University of North Carolina at Greensboro. Research interests include stigma and mental illness, help seeking attitudes, and stigma and IPV. She serves as Past-President of the North Carolina Counseling Association.</p>
<p>Crumb, Loni</p>	<p>Dr. Crumb is an Assistant Professor in the Counselor Education Program at East Carolina University and a Licensed Professional Counselor. She received her Ph.D. in Counseling from University of Georgia and M.A. in Community Counseling from Clark Atlanta University. Her research interests include rural mental health and multicultural training.</p>
<p>Curtis, Russ</p>	<p>Russ Curtis, PhD is a Licensed Professional Counselor (LPC) and is professor of counseling at Western Carolina University where he serves as the coordinator of the Clinical Mental Health Counseling program.</p>

Dalton, Victoria	Ms. Dalton is a National Certified Counselor as well as a Licensed Professional Counselor for the State of North Carolina. She has worked in Counseling Services at North Carolina A&T State University since 2002. She is a graduate of the University of North Carolina at Greensboro and North Carolina A&T State University. She is a member of the North Carolina Counseling Association, North Carolina College Counselor Association, the American Counseling Association, and North Carolina Coalition Against Sexual Assault.
DelTurco, Alyssa	Alyssa DelTurco, BA, RYT200: Alyssa is a CMHC graduate student at Appalachian State University with a concentration in Body Centered Therapy.
Dickens, Angelia	Dr. Angelia Dickens is an LPC and LFMT in Virginia and also an Approved Clinical Supervisor. She has 15 years of clinical experiences working with mental health, marriage/family counseling, and addictions. She also has been working as a counselor educator since 2010.
Dietz, Syntia Santos	Dr. Syntia Santos Dietz holds a Ph.D. in Counseling and Counselor Education, she is a National Certified Counselor and a NC Licensed School Counselor. She is an assistant professor at East Carolina University and her research and teaching agendas center on cultural competence development including awareness, relationship building, and advocacy.
Edwards, Malaika	Malaika Edwards is a first-year doctoral student in Counseling and Counselor Education at North Carolina State University. Malaika received her M.S. in Counseling Psychology and is a licensed professional counselor in North Carolina. She has experience in various settings, including private practice, hospital, and community-based services.
Elmadani, Abdelaziz	Aziz Elmadani is a doctoral student in the Counselor Education and Supervision program at UNC Charlotte. His master's degree was a dual degree in school and clinical mental health counseling. Aziz has presented at both the state and regional levels and his interests include multicultural issues and social justice.
Elston, Nikki	Nikki Elston works at Wake Forest University where she is an Assistant Teaching Professor. She has spent the majority of her career working in higher education, counseling and advising college students. She is an Applied Suicide

	Intervention Skills Training (ASIST) trainer.
Englert, Michael K.	Michael K. Englert, MA, LPC, LCAS, NCC, is an PhD candidate in counselor education at North Carolina State University. He obtained his master's degree in clinical mental health counseling from the University of South Florida. His research interests include addiction, and client outcomes relating to counselor education, program-operated community counseling centers.
Erega, Arna	Arna Erega is a LPCA, licensed both in SC and NC. Arna graduated with her MA in Clinical Mental Health Counseling and is currently pursuing a PhD in Counselor Education and Supervision from UNC Charlotte. Arna works in private practice and her research interests pertain to student-athletes and international students.
Esposito, Judy	Judy Esposito, Ph.D., is an associate professor of Human Service Studies. A licensed professional counselor and former school counselor, Dr. Esposito specializes in clinical supervision, empathy development and play therapy with children and families.
Evans, Courtney	Courtney Evans, PhD, LPC, NCC, ACS, RPT, is an Assistant Professor of Counseling at Liberty University. In addition to working as core faculty, she owns a private practice in which she also works.
Ferrell, Amanda	Amanda is a Graduate student in the Clinical Mental Health Counseling program at Appalachian State University where she earned a Bachelor's in Psychology. As a combat veteran and former field instructor in a wilderness therapy program, she is passionate about utilizing natural environments to aid in growth, discovery, and healing.
Fields, Kelsey	Kelsey Fields is a Board-Certified Music Therapist pursuing a MA in Clinical Mental Health Counseling and Music Therapy at Appalachian State University.
Forester-Miller, Holly	Dr. Forester-Miller has been using Clinical Hypnosis as part of her counseling practice for 35 years and teaching hypnosis for 30 years. She currently has a full-time counseling practice and was a Counselor Educator for 22 years, while also maintaining a part-time practice

Forti, Allison	Allison Forti currently is an assistant teaching professor at Wake Forest University and has a small private practice. She specializes in psycho-oncology, resiliency, and holistic wellness.
Foxx, Sejal Parikh	Foxx, Sejal Parikh, PhD, is an Associate Professor of counselor education and the school counseling program and doctoral program director at the University of North Carolina at Charlotte. Her research interests include increasing postsecondary access, social justice advocacy, and multicultural counseling.
Frick, Melodie	Dr. Melodie Frick is an Associate Professor of Counseling at Western Carolina University, and has been working in the counseling field for 22 years. She is licensed/certified as an LPC-S, NCC, and ACS, and holds multiple memberships in state, regional, and national counseling organizations.
Gada, Kimber	Kimber Gada, BA is currently working toward a Masters in Clinical Mental Health Counseling with a Certificate in Expressive Arts Therapy. Her clinical interests include working with clients who have experienced trauma and the use of Expressive Arts modalities in treatment. She is also passionate about advocacy for marginalized gender and sexual minority populations.
Ghoston, Michelle	Dr. Ghoston is an Assistant professor of counseling at Wake Forest University. She is a Licensed Professional Counselor in the state of Virginia and pursuing licensure in North Carolina as well. Her background extends from working with underserved populations in multiple settings to presentations on equity, social justice, and various areas of mental health at the state, regional, national and international levels.
Gibbons, MacKenzie	Mackenzie Gibbons completed her Master of Counseling at NCAT in December 2017. After completing her internships with Youth Haven, she accepted a position with them and spends most of her time working with children and young adults.
Gobble, Caroline	Ms. Gobble is a third-year graduate student and graduate assistant in NCCU's Counselor Education Program. She is pursuing her Masters degrees in Clinical Mental Health Counseling and School Counseling, and she is also pursuing her Licensed Clinical Addictions Specialist credential and hopes to work with children, adolescents, and adults struggling with eating disorders or substance abuse disorders.

<p>Golson, Angel</p>	<p>Angel Golson, PhD, LPC-S has been teaching and advising college students for almost ten years in counseling and psychology programs. Her clinical experience includes working with children, college students, and their families. Dr. Golson was a lead developer of a non-profit community counseling agency and has focused her research on wellness factors and addictive behaviors of college students.</p>
<p>Gonzalez, Laura</p>	<p>Laura Gonzalez is a graduate student at East Carolina University. She received her B.A. in Psychology from The Ohio State University and is currently in her second year of the M.S. in Counselor Education program. She is specializing in Clinical Mental Health Counseling and has a variety of interests ranging from integrated care to career coaching and talent development.</p>
<p>Graves, Elizabeth</p>	<p>Elizabeth Graves, PhD, LPC is an assistant professor and coordinator of the school counseling program at Western Carolina University where she specializes in counseling children, adolescents, and adults who have experienced trauma.</p>
<p>Griffis, Tiara</p>	<p>Tiara has a strong passion to empower. She is existentialistic in her approach to others achieve. She organized numerous groups around her passion, including INSPiRE (Individuals Needing Someone Positive in Rearing Education), Iron Sharpens Iron and D.A.M.S.E.L (Discovering and Mastering: Self-Efficacy + Self-Love). Tiara has worked in mental health, education, and behavioral health. She's currently working towards a Ph.D. in Educational Psychology at NC State.</p>
<p>Grimmett, Marc</p>	<p>Marc Grimmett, is an Associate Professor, coordinator for clinical mental health counseling, and founder and co-director of the Community Counseling, Education, and Research Center of the counselor education program at North Carolina State University. His research and scholarship includes preventing male-patterned violence through education, activism, male engagement, and community partnerships.</p>

Grybush, Amy	Amy Grybush is a doctoral student in the Counselor Education and Supervision program at UNC Charlotte. She is a Licensed Professional Counselor Associate and a National Certified Counselor. Amy has presented at state and regional levels and her interests include trauma, resilience, multicultural issues, and social justice.
Guerin, Brittany	Brittany Guerin is seeking her Master's in Counselor Education at North Carolina State University and is a Counselor at the Community Counseling Center, Education and Research Center. She is a Health at Every Size Advocate and has worked in fitness and wellness for over ten years.
Hammonds, Dominique	Dr. Dominique Hammonds is an Assistant Professor in the Department of Human Development and Psychological Counseling at Appalachian State University in Boone, NC. She earned her Ph.D. in Counseling from The University of North Carolina at Charlotte and her Master's in Clinical Mental Health Counseling from The University of North Carolina at Greensboro. She is a Licensed Professional Counselor, Qualified Supervisor, National Certified Counselor, and Board Certified-Telemental Health Provider. Dr. Hammonds' research interests include creative pedagogies, clinical supervision, multicultural counseling, and technology in counseling and counselor education.
Harris, Janeé Avent	Dr. Janeé Avent Harris received her Master of Science in Clinical Mental Health Counseling and Doctorate of Philosophy in Counseling and Counselor Education from The University of North Carolina at Greensboro. She is a National Certified Counselor, Approved Clinical Supervisor, and Licensed Professional Counselor-Associate with clinical experience in a variety of settings including a college counseling center, level 1 trauma center, and a child/adolescent inpatient behavioral health center. Currently, she is an Assistant Professor in the Counselor Education program at East Carolina University. She is an active researcher, publishing and presenting on subject matters including diversity and cultural issues, examining the role of religion/spirituality in African American mental health help-seeking behaviors, counselor training and clinical supervision, and multicultural considerations in counselor education/academia. Her work is motivated by her passion to see people from all backgrounds and life experiences have access to quality and culturally sensitive mental health services.
Hayden, Seth	Dr. Hayden is an assistant professor of counseling at Wake Forest University. He has provided counseling in community agencies, secondary school, and university settings. Dr. Hayden is an LPC in North Carolina and Virginia, a national certified counselor, a certified clinical mental health counselor, and an

	approved clinical supervisor.
Hill, Rachael	Rachael Hill has a BA in Forensic Psychology from CUNY John Jay. She is a current Master's degree student in the clinical mental health track at Wake Forest University. In her Practicum at Fellowship Health Resources, she serves individuals who have been affected by the criminal justice system.
Horne, Jill Van	Jill Van Horne PhD, (LPCS, NCLPSC, NCC, RPTS, EAGALA certified)- is an Assistant Professor & Director of the Professional School Counseling Program at Appalachian State University. She has over 20 years of combined school counseling and clinical mental health experience. Her work is primarily with children and adolescents. Her professional interests include incorporating sensory and experiential approaches when working with children & adolescents and extending dialogue between professional school counseling and the clinical mental health disciplines.
Horton, Evette	Evette is an Assistant Professor in the UNC Chapel Hill School of Medicine's Horizons program. She is President-Elect for ACA's Association for Child and Adolescent Counseling (ACAC) Division.
Hsu, Tzu-Chen	I am a licensed counselor in my home country, Taiwan (since 2012), and now am a clinical mental health counseling student at NC State University. I have dedicated myself to specializing in mood disorders, particularly depression. Gaining expertise in depression is my lifelong goal. Since 2013, I have been focusing on prevention and intervention in depression.
Jackson, Jada	Jada Jackson is a master's Counseling Intern at NC State's Community Counseling, Education, and Research Center (CCERC). Jada's work draws from an integrative approach of humanistic, client-centered, CBT, and reality therapy guided by multicultural, social justice, and trauma-informed perspectives. Some areas of interest include mindfulness, gender/sexual diversity, and EMDR.
Jakubczyk, Lauren	Lauren Jakubczyk is currently enrolled in a Master of Arts in Clinical Mental Health Counseling at Appalachian State University. Lauren holds a Bachelor of Science in Psychology from Saint Joseph's College, located in Rensselaer Indiana. Lauren has experience in working with "at risk" adolescents in a residential setting. Her professional interests involve reducing the stigmas

	associated with mental illness, particularly among adolescents.
Johnson, Kendra R.	Kendra R. Johnson serves as executive director of Equality NC and formerly worked as the Arkansas State Director for the Human Rights Campaign. Johnson received her Bachelor of Arts degree from Spelman College, in Atlanta, GA. and her Master of Public Administration degree from the University of Arkansas-Little Rock.
Jones, Shenika	Dr. Shenika Jones is an Assistant Professor in the College of Health Sciences at the University of North Carolina at Pembroke where she serves as the Director of the Professional School Counseling Program. She earned her Ph.D. from the University of North Carolina at Charlotte. Dr. Jones is a licensed school counselor.
Karr, Pamela	Pamela Karr is a Licensed Professional Counselor, a National Certified Counselor and a Certified Professional Retirement Coach. Recently retired from her role as Program Manager in the WFU Department of Counseling, her primary focus is assisting new, existing, or soon-to-be retirees to think and plan beyond the financial aspects of retirement.
Kascsak, Theresa	Dr. Theresa Kascsak is a Core Faculty counselor educator at Capella University. She is an LPC Supervisor and licensed school counselor, a National Certified Counselor, and a Registered Play Therapist Supervisor. She has well over fifteen years of experience working as a child/adolescent counselor and play therapist.
Kempton, Jessica	Jessica Kempton is a Board-Certified Music Therapist pursuing a MA in Clinical Mental Health Counseling and Music Therapy at Appalachian State University.
Klaybor, Mike	Since the Gulf War, Dr. Klaybor has been providing TeleMental Health (TMH) services utilizing HIP encrypted platforms to individuals around the world. He has provided TMH coaching and counseling countries. He teaches best practices in the use and future of online therapy and counseling. He is licensed in Texas & North Carolina, is an LMFT, LCDC, NCC and certified in employee assistance.

Lanier, Stephanie P.	Dr. Stephanie Lanier has worked with students/clients across the lifespan in educational systems, community agencies and private practice. She holds a master's and doctoral degree in counseling from NC State University and is a NC Licensed Professional Counselor Supervisor currently working in the area of domestic violence prevention.
Likis-Werle, Elizabeth	Elizabeth Likis-Werle, PhD, LPC is an assistant professor at Western Carolina University where she specializes in addiction, social justice, and relationship issues. Prior to becoming a counselor educator, Dr. Likis-Werle provided counseling services to women with addictions.
Lindsey, Laura	Laura currently works with adults living with substance use and co-occurring mental health disorders at TROSA, a two-year modified therapeutic community in Durham. Her passion for group work and experiential interventions has guided her in a pursuit for developing more meaningful ways to meet her groups where they are.
Locklear, Rocky	Locklear has 5 years of experience with elementary children as a former educator. He earned his master of arts in mental health counseling from UNC Pembroke and is a licensed professional counselor associate at Scotland Family Counseling Center in Laurinburg, NC where he provides counseling to mostly children and adolescents but also adults.
Lupton-Smith, Helen	Helen Lupton-Smith is the Clinical Coordinator and a Teaching Assistant Professor in the Counselor Education program at NC State University. She is co-director of the Community Counseling, Education, and Research Center (CCERC) sponsored by the Counselor Education program.
Maclin, Vickey L.	Vickey Maclin is a Missouri native and has been providing counseling services to children, families, couples, individuals and groups since 1999. She is a LPA in North Carolina, In addition to counseling she is also the associate director of the Clinical Mental Health Master's in Christian Counseling program at Gordon-Conwell.
Marlowe, Gamal	Gamal Marlowe is a Clinical Mental Health Counseling graduate student at The University of North Carolina at Pembroke. Their current research focuses on best clinical practices and theoretical frameworks for intersectional LGBTQ+ populations.
Marrah,	Dr. Marrah has specialized in counseling and trauma. Dr. Marrah has

Arleexah	presented research on racial trauma and research mentorship for Black women in doctoral programs. Her teaching and research interests include the areas of racial trauma, racial minorities' experiences in higher education, standardized testing, academic self-efficacy, and play therapy.
Martinez, Robert	Martinez, Robert R., PhD, is an assistant professor in the school counseling program at the University of North Carolina at Chapel Hill. Preparing school counselors to support all students, especially students of color, so they can successfully transition to postsecondary education is a current research interest.
McAllister, Heather	Heather is a Clinical Mental Health Counseling student interested in research on biopsychosocial connections between eating disorders and other sensory processing disorders. She is interested in working with and advocating for adolescents and young adults struggling with anxiety, eating disorders, and trauma.
McCreight, Devlyn Hugh	Devlyn McCreight, PhD, LPC is the owner of <i>McCreight Psychotherapy & Clinical Consulting, PLLC</i> located in Pinehurst, NC. He has facilitated therapy in various clinical settings since 2007, and is currently conducting research exploring the intersection of sequential art (comics) and mental health
McDonald, Chris	Chris McDonald is a LPCS from Raleigh, NC. She owns Path to Hope Counseling, Inc. She has over 20 years experience and specializes in treatment of anxiety and trauma in teens & young adults. She is passionate about promoting self-care and helping other therapists lead happier and healthier lives.
McLaughlin, Whitney	Whitney McLaughlin, MA, LPCA, NCC is a Board Certified Counselor in North Carolina. She has over five years of counseling experience serving children and adults, as well as couples and families, in various public and private settings. Her research interests include neurocounseling, integrated care, wellness, and racial disparities in mental health.

McNeill, Jane	President and Founder of MGCA-NC. She is a Military Spouse and an LPC-A working in Fayetteville. She is dedicated to improving the quality of and access to mental health care for Military Services Members, and their Families and planning to become a Military and Family Life Counselor at Fort Bragg.
Mehta, Sarah	Sarah Mehta, MA, LPCA, LCASA, NCC is a clinician at Meridian Behavioral Health Services in Waynesville, North Carolina. She provides adult outpatient services at the Recovery Education Center. She possesses a Master's Degree in Clinical Mental Health Counseling from Appalachian State University and is president of NCASERVIC.
Messinger, Erik	Erik Messinger is a second-year doctoral student at NC State University working towards his Ph.D. in Counseling & Counselor Education. Erik received his M.A. in Clinical Mental Health Counseling and has experience working with adolescents and adults in a community outpatient setting focusing on substance abuse and mental health.
Mitchell, Michelle D.	Dr. Mitchell completed her PhD at the University of Central Florida. She is a Licensed Professional Counselor in the state of Pennsylvania and a NBCC Board Certified Counselor. She is presently an Assistant Professor at Wake Forest University, where she engages in research focused on multicultural issues in counseling.
Mitchell, Rolanda	Dr. Rolanda Mitchell is a Teaching Assistant Professor at NC State University who received her Doctorate in Counselor Education and Supervision from The University of North Carolina at Charlotte. Rolanda has over 15 years of experience in counseling, with a background in professional school counseling and outpatient/school based therapy.
Mohamed, Rasha	Rasha Mohamed is a doctoral student in the Counseling & Counselor Education program at North Carolina State University. She currently teaches full time at Wake Tech Community College and serves as the clinical coordinator for internship students. She is currently a licensed professional counselor and a doctoral student coordinator at CCERC.
Moore, Cherria	Cherria Moore, MA, LPC-A, LCAS-A is a Doctoral Student in the Counselor Education and Supervision program and a Teaching Assistant for the Counseling Department with UNC-Charlotte. Cherria has over a decade of experience working with individuals with mental health and substance use issues in the community and inpatient based services.

Moore, Sarah	Sarah Moore, PhD, LPC-S, teaches at Wake Forest University and Capella University and is incoming President-Elect for the NC Association for Multicultural Counseling and Development. She has worked as a Professional Counselor for 15+ years, served in leadership roles and presented on the national, regional and state level.
Moran, Kristen	I am in my seventh year as a counselor educator, currently at Campbell University. I am an LPC in NC and a Licensed School Counselor in VA. I have 9 years of experience as a school counselor, with time at all three levels. I am currently working PT as an LPC.
Morris, Jennifer	Jennifer Morris is a second year graduate student in the Clinical Mental Health Counseling Program at UNCP who hopes to specialize in working with veteran populations after graduation. Jennifer is a retired Army medic, military spouse, and mother of two teenage boys, who in addition to volunteering with Chi Sigma Iota - Phi Sigma Chapter as their Counselor Community Outreach Chair, serves as the Student Mentorship Adviser for the UNCP Counseling Program's Mentorship Program with Dr. Dana Unger.
Mowery, Alyssa	Alyssa Mowery is a first year masters student in the Clinical Mental Health Counseling program at Appalachian State University. During her years as an undergraduate, she received her degree in Psychology. She wishes to pursue a career in counseling adolescents with developmental disabilities.
Nelson, Juana	Juana Nelson works as Hispanic counselor at the Center for Family Violence Prevention. She has a master's degree in clinical mental health counseling from Walden University and bachelor's degree from Catholic University in Chile. Her areas of focus are anxiety, depression, post-traumatic stress, domestic violence, anger management and parenting skills.
Newhouse, Kelly	Kelly graduated from ECU with a masters degree in Substance Abuse and Clinical Counseling, later receiving her LPC and LCAS licensures. She gained additional training in Teen Triple P, Non-Suicidal Self-Injury 101 from Cornell University and Dialectical Behavior Therapy intensive training. She is currently practicing at SMEG Family Mental Health.

Numbers, Megan	President Elect of MGCA-NC. A licensed professional counselor in the states of CO and NC, a registered play therapist, and a 4th year doctoral student in the Counselor Education and Supervision program at Adams State University. Megan works with military service members & families in private practice near Fort Bragg.
Post, Phyllis	Dr. Phyllis Post is a Professor of Counseling at UNC Charlotte who teaches and conducts research in the area of play therapy. She has worked in both school and agency settings. Dr. Post is the director of the UNCC Graduate Certificate in Play Therapy and Multicultural Play Therapy Center.
Proctor, Megan	Megan Proctor is a Master of Counseling student at NCAT and will be graduating in May 2019. Her focus population is children and she continues to seek opportunities to train in child centered play therapy and advocate for children and best practice for meeting their needs.
Purvis, Majesty	Majesty Purvis completed her Master of Counseling at NCAT in December 2017. She is currently working at a private agency with a focus on children and young adults.
Ramsey, Rachelle J.	Rachelle Ramsey is currently pursuing her Master's in Licensed Professional Counseling from Liberty University and working as an Equine Specialist at Horse Sense of the Carolinas, Inc. Her lifelong passions of helping others and horses have merged into a desire to enhance the field of Equine-Assisted Psychotherapy.
Ricks, Jonathan	Ricks has over 10 years of clinical counseling experience with children, adolescents, and adults. He earned his master of arts in school counseling from North Carolina Central University and a doctor of philosophy in counseling and counselor education from North Carolina State University. Currently, he is an assistant professor of counseling at UNC Pembroke.
Roberts, Lisen	Lisen Roberts, Ph.D. has been a counselor educator at Western Carolina University for 20 years. Among other courses, she appreciates teaching cross cultural counseling.
Rogers, Jennifer	Jennifer L. Rogers is an Assistant Professor in the Department of Counseling at Wake Forest University. She received her Ph.D. in Counseling and Counselor Education from Syracuse University, where she was a Doctoral Fellow. Dr. Rogers' scholarship focuses on the preparation of counselors to

	effectively intervene with clients across clinically diverse practice contexts, including brief counseling interventions, the development of counselor competencies through teaching and supervision, and ecologically-informed relational approaches to counseling and supervision.
Sanders, Carrie	Carrie Sanders has over 15 years the field of education. She has worked as a teacher, school counselor, director of children & youth programs, and is currently an Assistant Professor at Radford University. Her areas of research interest include career counseling efforts in K-12, school counselor development, and experiential teaching and learning.
Scarboro, Heather	Heather graduated with her M.Ed. in Clinical Mental Health Counseling from UNC-Pembroke in 2013. She has worked primarily as an outpatient therapist, until recently when she joined the Carolina Outreach ACT Team of Fayetteville. She holds certifications in Mindfulness Based Stress Reduction, Acceptance and Commitment Therapy, and CBT for psychosis.
Scholl, Mark B.	Mark B. Scholl, PhD, LMHC(NY), is an Associate Professor in the Department of Counseling at Wake Forest University. Dr. Scholl is past president of the Association for Humanistic Counseling, past editor of the Journal of Humanistic Counseling, and a current member of the ACA Governing Council.
Schwarze, Mark	Dr. Mark Schwarze is an Assistant Professor in the Department of Human Development and Psychological Counseling and Director of the Clinical Mental Health Counseling program at Appalachian State University in Boone, NC. He has a Ph.D. in Counselor Education and Supervision from North Carolina State University and a Masters Degree in Service Agency Counseling from the University of North Carolina at Pembroke. He is a Licensed Professional Counselor Supervisor, Nationally Certified Counselor, Licensed Clinical Addiction Specialist, and Certified Clinical Supervisor.

<p>Seigenthaler, Lindsay</p>	<p>Lindsay Seigenthaler is a Clinical Mental Health Counseling graduate student at North Carolina State University. She is currently a practicum student receiving training at the Community Counseling, Education, and Research Center (CCERC). Lindsay's areas of interest include depression, anxiety, identity development, and gender/sexual diversity.</p>
<p>Sessoms, Kristen</p>	<p>Treasurer and Public Relations Officer of the Military and Government Counseling Association of North Carolina. She graduated from UNC-Pembroke with her Master of Arts in Education, specializing in Clinical Mental Health Counseling. She is currently a therapist at the Haymount Institute in Fayetteville, North Carolina.</p>
<p>Shahnami, Chanel</p>	<p>Chanel Shahnami is a first-year doctoral student at the University of North Carolina at Greensboro in the Counseling and Counselor Education program. She is originally from Orlando, FL and first-generation born in the United States. She is a mental health counselor that works primarily with Latinx children and adolescents and provides bilingual (English and Spanish) individual, group, and family therapy. She once provided a letter to defend her twelve-year-old client when seeking asylum in Atlanta. Chanel's clinical interests are: refugees and immigrants dealing with acculturation (inc. language barrier), war-related trauma and community violence, and intersectionalities.</p>
<p>Shaw, Andrew</p>	<p>Andrew Shaw is a Master's Counseling Intern at NC State's Community, Counseling, Education, and Research Center (CCERC). Andrew's work draws from ACT and DBT, guided by multicultural, social justice, and trauma-informed perspectives. Their areas of interest include gender and sexual diversity, body trust, sensory processing sensitivity, mindfulness, self-compassion, and resilience.</p>

<p>Sibrizzi, Amanda</p>	<p>I am a graduate student at NC State. I am working on my M.Ed for Clinical Mental Health Counseling.</p>
<p>Smith, Josh</p>	<p>Joshua Smith is a doctoral student in the Department of Counseling at the University of North Carolina at Charlotte. He is a licensed professional counselor associate and licensed clinical addiction specialist associate in North Carolina and has prior work experience in mental health, medication-assisted treatment, integrated care, and addiction settings.</p>
<p>Smith, Lydia Boldt</p>	<p>Lydia Smith, Ph.D., LPC, NCC, maintains a limited private practice for adults from diverse age-related cohorts and social contexts. Her clinical experience includes family therapy, psychoeducational groups, and counseling those who have adjustment disorders related to change of health status. Prior to her retirement, she was Associate Graduate Faculty at UNCCCharlotte. She is the current President of NCAADA, a position she has held since 2015.</p>
<p>Smith, Sharlice</p>	<p>Sharlice Smith is a Licensed Professional Counselor and National Certified Counselor. She earned her master's degree from Capella University in mental health counseling. She counsels adolescents and adults who have experienced issues with domestic violence, trauma, depression, and anxiety.</p>
<p>Spitzhoff, Timothy</p>	<p>Timothy Spitzhoff completed a B.S. in Psychology with a minor in Public Health from University of North Carolina at Charlotte. Timothy is currently in the Clinical Mental Health Counseling Graduate Program at Appalachian State University.</p>

<p>Stacey, Lilley</p>	<p>Stacey Lilley, PhD, LPC-S has over 24 years of experience including school counselor, Director of Counseling at a medical college, education and supervision. Currently, Dr. Lilley is an Assistant Professor at Liberty University and her private practice focuses on mental health, individual wellness, and family dysfunction.</p>
<p>Sutton, Kate</p>	<p>Kate Sutton, MS/EdS, LPC is a private practice therapist from Raleigh, NC. She helps women and girls heal from anxiety, body image issues, and eating disorders. Kate provides somatic, trauma-informed therapy from a Health at Every Size philosophy, empowering clients to ditch perfectionism, find body peace and live unapologetically.</p>
<p>Thompson, Heather</p>	<p>Heather Thompson, PhD is an associate professor and coordinator of comprehensive finals at Western Carolina University where she specializes trauma counseling and play therapy.</p>
<p>Tivoli, Mariel</p>	<p>Ms. Tivoli is a Human Services Study major at Elon University. She is interested in play therapy and pursuing graduate coursework upon graduation.</p>
<p>Tovar, Lynn Z.</p>	<p>Lynn Z. Tovar holds a PhD in Counseling and Counselor Education from North Carolina State University and M.Ed. in Counseling and Career Development from Colorado State University. As a licensed professional counselor and national certified counselor, she provides bilingual outpatient counseling for children, adolescents, and adults.</p>
<p>Underwood, Kaitlyn</p>	<p>Kaitlyn Underwood is a second year student in the Counselor Education MS program at East Carolina University. In addition, she is working towards a certificate in Student Affairs in Higher Education. Kaitlyn's interest areas are LGBTQ+ issues, college student success, and career development.</p>

Vennum, Elizabeth	<p>Liz Vennum earned her Bachelor’s degree from Vanderbilt University and her J.D. from Wake Forest. She spent time at a small firm before branching out to start her own solo practice focused exclusively on representing and advising professionals and small businesses. Among other things, Liz helps her clients navigate ethics complaints, employment/independent contractor issues, and restrictive covenants such as non-competes. Liz’s innovative business model allows her to provide real-time, accessible legal services directly to her clients in an affordable way.</p>
Vicidomini, Delia	<p>Delia Vicidomini received a Bachelor’s degree in Psychology, with a minor in Public Health from the University of North Carolina in Charlotte in 2017. Currently a first year student in the Clinical Mental Health Counseling Program, pursuing her Master’s degree in mental health counseling with a concentration in Marriage and Family Counseling.</p>
Vincent, Elizabeth	<p>Beth Vincent, PhD, LPC, NCC is an Assistant Professor at Campbell University. As a counselor she has experience in mental health, school, career, and college settings. Her research interests include innovation and technology in counseling, and career counseling and development.</p>
Vuncannon, Jerry	<p>Dr. Vuncannon is a LPC and NCC having earned a PhD in Counselor Education and Supervision. His professional experience includes working in hospitals, community agencies, and private practice, and had international counseling-related experiences with primary focus with SE Asia. In addition, he has worked in academia for 12 years.</p>
Wadsworth, Lynn	<p>I have been a practicing clinician for over 25 years. Most of my professional time has been spent in the field of adolescent, young adult and family work in various settings. I am trained in Internal Family Systems, Emotionally Focused Therapy, EMDR, DBT and Attachment Theory.</p>
Wagstaff, Jenny	<p>Jenny Wagstaff is an Assistant Professor in Counselor Education at Campbell University located in Buies Creek, North Carolina. She is a Licensed Professional Counselor Supervisor in North Carolina and a Licensed Profession Counselor in Virginia. In addition she is a National Certified Counselor and a nationally recognized Approved Clinical Supervisor.</p>
Walters, Courtney B.	<p>Courtney Walters is a doctoral student and graduate teaching assistant in the Counselor Education program at NCSU. She is also an adjunct lecturer at the UNCP. Courtney has three years of supervision experience and nine years of</p>

	counseling experience (post-licensure) in university, hospital, and agency settings.
Ward, Yvonne	Yvonne Ward is a Licensed Professional Counselor, National Certified Counselor, Licensed Clinical Addictions Specialist and a Certified Clinical Supervisor. She has 27 years of experience working with adolescents and adults. She is a second year doctoral student at North Carolina Agricultural & Technical State University.
Wasik, Suzan	Dr. Suzan Wasik is a licensed professional counselor, Assistant Professor and Career Counseling Coordinator at North Carolina Central University. Dr. Wasik also serves as a consultant working with individuals, executives, and corporate clients around the areas of leadership, personal and professional development, and positive psychology in the workplace.
Waters, Crystal	Crystal Waters is the Career Counselor for the College of Allied Health Sciences and the College of Nursing at East Carolina University Career Services. Waters received her Bachelor of Arts in English from Elizabeth City State University and a Master of Education in Psychological Studies from Cambridge College. She is currently in her final semester at East Carolina University as a graduate student in the Master of Science in Counselor Education program. Crystal Waters has research interest in exploring career development for low-income, first generation African American college students. She is member of the North Carolina Counselors Association, National Association of Colleges and Employers, Elizabeth City State University Alumni Association, American Counselors Association, American Association of Blacks in Higher Education, North Carolina Housing Officers, and the National Academic Advising Association. In a most recent adventure, Waters was chosen as a nominee for the second class of Elizabeth City State University 40 Under 40 Society, North Carolina Counselor Association Member at Large, Chi Sigma Iota Honor Society, and the 2018 East Carolina University Creed Recipient which recognizes the efforts of individuals who continuously strive to respect and appreciate integrity, diversity, responsibility and citizenship.
Webb, Tammy T.	Dr. Tammy T. Webb is an Associate Professor in the Department of Counseling at North Carolina Agricultural and Technical State University. Dr. Webb has published in the areas of perceptions of body figure attractiveness amongst African American women, substance abuse addiction and women, counselor education and sexual bias, and inclusion of students with disabilities. Dr. Webb's research interests include social justice, counseling women, and substance abuse.

Wells, Reese	Reese Wells, BS, RYT200: Reese is a Clinical Mental Health graduate student at Appalachian State University, his focus on Body Centered Therapy and Expressive Arts Therapy.
White-Davis, MiKael L.	MiKael White-Davis earned her BS from Union Institute and University, her M. Ed. from Walden University, and is currently working on her M. S. in Clinical Mental Health Counseling at Walden University. She currently lives in New Bern, NC.
White, Darden	Darden White, MEd, LPC, is a licensed clinician and trainer at the Center for Child and Family Health. Currently, she is the Associate Director of the PCIT Training Program as an endorsed Level I Trainer, by PCIT International, and is highly active in the PCIT community.
Whitener, Garrett	Garrett Whitener is currently a graduate student at Appalachian State University in the Clinical Mental Health Counseling program with a focus in addiction. Before ASU he earned undergraduate degrees in Psychology and Sociology from Western Carolina University. Some experience Garrett has is teaching the K-6 boys at Providence Baptist church.
Wolfgang, Jeff D.	Jeff D. Wolfgang, Ph. D., LMHC is an Assistant Professor in the Department of Counseling in the College of Education at North Carolina A&T State University. His research focuses on culturally-sensitive, empirically tested, multigenerational effects of trauma on young children and their families.

Wright, Shawnta	Shawnta Wright, MA, LPC-S, NCC, is a AFAA certified group fitness instructor & personal trainer, a licensed Zumba instructor & the owner of Mindful Bodies LLC. Shawnta used her 20 years of experience working with adults, adolescents & children in the physical fitness & mental health counseling arenas to create her Mindful Bodies business in 2010. Mindful Bodies is located in Durham NC & its' mission is to increase mental, physical, emotional & behavioral health & wellness for all people. Shawnta's specialty counseling & professional training topics include eating disorders, weight management, wellness, stress management, self-esteem & self-image, marriage and family therapy, parenting, domestic violence & sexual assault. Shawnta has a bachelor's degree in psychology from UNC Chapel Hill & a Master's Degree in Community Agency Counseling from NCCU.
Zehr, Ethan	Ethan Zehr is a master's student in the Clinical Mental Health Counseling (CACREP) at Liberty University (LU) in Lynchburg, VA. He also works as a Graduate Student Assistant (GSA) for the Department of Counselor Education and Family Studies at LU and for Impact Living Services as a Community-based Counselor. Ethan is involved in research at LU through research teams and faculty mentorship with a focus on internet pornography use, individual wellness, and school counseling teams.