

**18th Annual
Clinical Hypnosis Workshops
for Health Care Professionals**
Expanding Possibilities for Healing

**Intermediate & Advanced Track Training
April 28 – 30, 2017**

Medical Hypnosis Consultants, PLLC
3721-A University Drive, Durham 27707



**Medical Hypnosis Consultants, PLLC
Wellness Consultants International**
Supported by:
**Duke Integrative Medicine
North Carolina Counseling Association
University of North Carolina Program on Integrative Medicine**

Course Description

This program is intended for counselors, psychologists, social workers, physicians, and professionals in related fields (see eligibility requirements). It is intentionally labeled a workshop since it is designed to be a “hands-on” experience. While it utilizes didactic presentations and demonstrations, all participants will also receive supervised training in the induction of trance and its utilization. Because of the emphasis on supervised practice, the number of workshop participants is limited.

Intermediate: Designed to assist those who have some formal training including basic knowledge and skills in hypnosis and who have utilized hypnosis with patients/clients. The intermediate level training emphasizes the importance of language, the use of metaphor, age regression, and offers in-depth consideration of various utilizations and applications.

Advanced: Designed for individuals who have completed both the basic and intermediate training and have experience using hypnosis. This will be an excellent opportunity to hone your hypnotic skills. Time is scheduled for practicing new skills and specialized inductions. There will be a special emphasis on making your work more focused and understanding Ericksonian Hypnotherapy.

Course Objectives

Completion of this course will help you to enhance your hypnosis skills and should give you a better understanding of:

- Advanced and specialized inductions.
- Psychoneuroimmunology.
- Insight-oriented and exploratory techniques.
- Ideomotor Signaling.
- Therapeutic Metaphors
- How to use hypnosis in your clinical practice.
- How to make your work more effective.

Past participant feedback: *“I wanted to let you know how impressed I was with the excellent program you put together. The leadership was diverse and intelligent, and all were terrific mentors in their own specialties. The flow of content and practice was orchestrated smoothly and with a perfect balance that kept me ever hungry for more- and alert through the extended hours.”*

Course Credit

This workshop is approved by the American Society of Clinical Hypnosis (ASCH) for 20 hours of continuing education. These hours count towards the 40 hours required for certification, and for advanced practitioners toward the hours needed to become an Approved Consultant in Clinical Hypnosis.

Faculty

Course Coordinator:

Holly Forester-Miller, Ph.D., LPC, President Medical Hypnosis Consultants, PLLC and Wellness Consultants International; Founder, Medical Hypnosis Foundation; ASCH Approved Consultant; 15 years as Medical Center Instructor/Small Group Leader, Practice Course, Duke University Medical Center, Durham, NC. Developed course and Teach - Self-Hypnosis for Cancer Patients, Duke Raleigh Cancer Center. Chair of the Training and Consultation Workshop (TCW) for ASCH. Treasurer of the American Society of Clinical Hypnosis

Guest Faculty:

Betty Alice Erickson, MS, LMFT, Psychotherapist in Dallas, TX, An Approved Consultant for ASCH; Co- author of Milton Erickson, An American Healer, and Hope and Resiliency: Understanding the Psychotherapeutic Strategies of Milton H. Erickson, MD; Recipient of an honorary doctorate from the Ministry of Education in Armenia; Has taught workshops around the world, and been a keynote speaker at numerous international conferences.

G. Lane Wagaman, Ed.D., Licensed Psychologist, Health Services Provider Psychologist. Member, Approved Consultant, Co-Chair, Education Committee, American Society of Clinical Hypnosis; Member, Society of Clinical and Experimental Hypnosis; Diplomate, American Academy of Pain Management; Clinical Associate Professor and Preceptor, Family Medicine Residency Program, West Virginia School of Osteopathic Medicine and Greenbrier Valley Medical Center; Independent practice of Psychology, Carolina Rehabilitation and Surgical Associates, Cary, NC, and HRC Behavioral Medicine and Psychiatry, PA, Raleigh, NC.

Sheryll Daniel, Ph.D., Past-President, Fellow and Approved Consultant, American Society of Clinical Hypnosis; Clinical Psychologist, Family Psychiatry and Psychology Associates, P.A., Cary, NC

Program

Friday, April 28, 2017

- 12:15-12:30 **Registration**
12:30-12:45 **Orientation and Meet the Faculty**
12:45 -1:45 **Advanced & Specialized Inductions**
2:45 – 3:00 Break
1:45 – 4:00 **Intermediate: Hypnosis with Anxiety & Phobias**
Advanced: Hypnosis with Children
4:00 – 5:00 **Small Group Practice**
5:00 -5:30 Break
5:30 - 7:30 **Psychoneuroimmunology**

Saturday, April 29, 2017

- 8:00-10:30 **Insight-oriented & Exploratory Techniques,
Ideomotor Signaling with Practice**
10:30-10:45 Break
10:45-12:15 **The Power of Hypnosis for Connection**
Betty Alice Erickson
12:15- 1:15 Lunch on your own
1:15- 3:45 **Intermediate: Pain Management and Physiological
Control and Metaphors & Indirect Suggestion**
**Advanced: Making your Work More Focused, Effective
& Easier Betty Alice Erickson**
3:45- 4:00 Break
4:00- 5:00 **Small Group Practice**
5:00-6:30 **Intermediate: Hypnotic Treatment of Habit Disorders**
**Advanced: Adding to Your Tool Box: Advanced
Techniques and their Clinical Application**
Betty Alice Erickson

Sunday, April 30, 2017

- 8:00- 10:00 **Intermediate: Age Regression, Memory, & Trauma Work**
Advanced: Quick, Emergent Uses of Hypnosis
10:00-10:45 **What Makes Ericksonian Hypnotherapy Ericksonian?**
Betty Alice Erickson
10:45-11:15 Break
11:15-12:15 **Case Conferencing**
12:15-1:15 **Demonstration: Putting It All Together**
Betty Alice Erickson
1:15 – 1:45 **Q & A and Conference Wrap-up**

Workshop Eligibility

Admission to the workshop is open to persons holding doctoral degrees and licenses in counseling, medicine, psychology and related fields, as well as persons holding a master's degree in counseling, social work, nursing, or counseling/clinical psychology who are licensed by the state in which they practice are also eligible. Students and trainees actively enrolled in programs leading to these degrees are eligible and encouraged to attend.

Inquiries concerning eligibility should be addressed to Holly Forester-Miller, Ph.D., course coordinator, (919) 403-7229. The course coordinator reserves the right to make decisions concerning admission to the workshop as well as participant placement in the appropriate track.

To join us for this workshop, please complete the attached registration form and return it along with your fee (make check payable to Medical Hypnosis Consultants, PLLC).

Lodging

The most convenient hotel to the workshop location is the La Quinta Inn, Durham, NC. Make your reservations early and directly with the hotel by calling (919) 401-9660.

Workshop Location:

3721-A University Dr.
Durham, NC 27707

Directions: From NC 147 take exit 16B - 15-501 toward Chapel Hill to exit 105B Martin Luther King Jr. Blvd. Turn left onto University Drive. After the light at the intersection of Shannon Rd and University Dr, University Commons is 0.2 mile on the right. We are in the first building on the West end of the complex, the door faces University Drive.

For directions from other locations go to:

Wciconsultants.org

(Early registration is suggested as participation is limited)

Please type or print clearly:

Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone _____

E-mail address: _____

Agency/Organization: _____

Degree & Specialty: _____

License(s) Field: _____

State & License No: _____

First name to be used on name badge _____

Please print the exact name you would like printed on your certificate:

Name: _____

Course Fees**

Early Registration (postmarked by April 7, 2017).....	\$445.00
Regular Registration	\$485.00
Interns and Residents	\$320.00
Student (full-time).....	\$235.00
(Documentation of full-time student status required)	
On-site registration fee	add \$25.00

** Please make check payable to: Medical Hypnosis Consultants, PLLC

Mail payment with this form to:
Medical Hypnosis Consultants, PLLC
3721-A University Drive
Durham, NC 27707

Important: If you are unable to attend the workshop after you have registered, you must notify us in writing at least two weeks prior to the program in order to receive a refund. No refunds for workshop fees will be made after that time.

A \$50 fee will be charged for cancelled registrations.

If you have any concerns or complaints about this or any of our workshops, please contact Dr. Forester-Miller. 919 403-7229.

Scholarships

A limited number of student scholarships are available.

Contact **Dr. Holly Forester-Miller** for application information at:
HFM@WCIconsultants.org

A faculty letter/email verifying **full-time** student status is required.

Scholarships applications will be reviewed based on the order in which completed applications are received.

Guest Faculty:

Betty Alice Erickson, MS, LMFT

Co- author of :

- Milton Erickson, An American Healer
- Hope and Resiliency: Understanding the Psychotherapeutic Strategies of Milton H.Erickson, MD;