Letter from the NCCA President

Thank you to everyone who attended our 2016 Annual Conference in Greensboro, NC last month! It would not have been a success without each of you being a part. There are many individuals and groups who were a part of making the conference a success and they certainly need to be recognized again for their hard work.

Angela Brooks-Livingston and Atticia Bundy deserve a raucous and hearty round of applause. From recruiting and coordinating the exhibitors and sponsors that help support the conference, to putting together the beautiful conference program to help guide your continuing education endeavors, from selecting the conference theme to program cover design, from answering close to 1,734 emails from me to coordinating volunteers, from making last minute decisions to taking care of last minute tasks, from selecting program sessions to scheduling presenters, and everything in between, these ladies were dedicated to bringing you an outstanding conference! Thank you ladies!

Next, it is important to recognize our management company. Calvin Kirven is our Executive Administrator, and Taylor Wilson is the Assistant Administrator, and this
dynamic duo lead a team of folks that help make this conference possible as well as support the work of the association year-long. Diane Hight, another member of the management company, was also in the trenches during the conference assisting with registrations, set up, and answering questions. From processing registrations, to answering something like 852 emails per day during conference season, preparing name tags, offering a smiling face when you arrive to register or check-in, and so much more, the conference would not be a success without them. A tremendous thank you to each of these folks as well!

A hearty thank you, also, to our keynote speaker, Dr. Sam Gladding! Dr. Gladding spoke to us about the importance of collaboration, integration, and inspiration. As always, Dr. Gladding infused his wisdom with humor and challenged us to think beyond ourselves. He also led us in song, which I believe might have been a conference first! We are appreciative of the time he took to be with us at the conference.

Thank you to all NCCA members and counselors in the state who are not yet members of NCCA for choosing to attend the 2016 Annual Conference, for being actively involved in conference sessions, and for your feedback and evaluations. Thank you to all NCCA members who attended the Division Meetings and Networking Luncheon on Friday, for the members who volunteered during the 2015-2016 leadership year as well as those who have already volunteered for the 2016-2017 year. Thank you to our presenters for the work you put in to preparing for the conference, and for sharing your expertise and best practices with attendees.

Conference planning for 2017 has already begun and your feedback on the 2016 Annual Conference will be an important part of that planning. Please take a few moments to visit our post-conference survey at https://www.surveymonkey.com/r/LTPMGTY and let us know what you thought about this year’s conference and what ideas you have for next year’s conference.

Again, my thanks to each of you! We would not have had as successful an annual conference without each of you present and participating. Be sure to give yourselves a round of applause for being amazing members of the NC Counseling Association!

Sincerely,

Angela S. Shores, PhD, LPC, NCC, ACS
2015-2016 President, NCCA
This is the second year that I have been able to attend the pre-conference workshop at the NCCA conference and just like last year it did not disappoint. One of my favorite sessions was on using gestalt therapy. As a current graduate student I have been taught theories and have "learned" about gestalt therapy. Theory and practice however are two different things. The pre-conference workshop was able to take a theory and actually apply it in a 3-hour session. Most of the conference sessions talk about one thing or another, and some presenters are able to incorporate practice into the session, but the pre-conference workshops take it to another level. Since there is more time during those sessions you really get to interact with the presenters, ask questions, and see their information at work. It gave me a hands-on opportunity to learn from an expert in the field and the chance to apply that information in the session. We had the opportunity to practice some techniques, ask questions about its application, and watch it performed by someone trained in the field. I wish the entire conference was longer to afford that opportunity to every presenter in every session. There were seasoned counselors in our session learning something new, and this was the most exciting thing for me. I learned new things, but witnessed firsthand that there is always room for more learning, more knowledge, more training even after years of practice. Professional development is a must for counselors, and the pre-conference workshops provide an excellent opportunity for that.

Congratulations NCAMCD Grant Winners!

Winners of the inaugural NCAMCD Collaborative Grant were Claudia Interiano and Elvita Kondili, doctoral students at UNC Charlotte. Their presentation title was Counseling Immigrants and Refugees: Multicultural Considerations for Clinical Practice and Counselor Education. They are joined in this picture by NCAMCD leaders Dr. Lynn Tovar and Ms. Regina Gavin Williams.
A Conference Reflection: Clinical Supervision Pre-Conference Session

By: Atticia Bundy, Ph.D, NCCA President Elect 2015-2016

"Revisiting Clinical Supervision" consisted of two sessions (morning and afternoon) during the NCCA Pre-Conference. This two part workshop was well attended with nearly 20 participants in the morning and slightly fewer in the afternoon. Part I of the session started off with a brief discussion of theories and other concepts such as parallel process, isomorphism, typical supervisor duties and cultural issues. We were challenged to think about doing research in the field since not much has changed in recent years. Participants critiqued a video of example of what works and what doesn’t in counseling/supervision. A good amount of time was spent on creativity in supervision and we explored a long list of ideas including sand tray, dance/movement, and drawing. We practiced many creative activities during Part II. A discussion around technology opportunities in supervision was also a topic of discussion. Legal and ethical implication were presented as well. HIPPA/HITECH standards, ACA Guidelines/Resources, ACA Code of Ethics, and the importance of suicide assessment rounded out the presentation before opening the floor to Q&A.

Sponsors & Exhibitors

Sponsors and exhibitors are essential in making the annual conference a success. This year we had several individuals, groups, and agencies support the conference and share resources and information with attendees. We would like to say another thank you to each of our sponsors and exhibitors for the 2016 Annual Conference:

Gordon-Conwell Theological Seminary
STEP Notes, Inc.
Renfrew Center
Tame Your Practice
Chi Sigma Iota
A Conference Reflection: The Keynote Address

By: Michael Philbeck, Graduate Student at Gardner-Webb University

As a current graduate student in mental health counseling I was thrilled to find out Dr. Gladding was delivering the keynote address at this year’s NCCA conference. Dr. Gladding did not fall short of my expectations. His speech was passionate, funny, and motivating. It was exciting to meet and hear someone who, quite literally, wrote the book on counseling. I even had the opportunity to get my school text book signed by him!! His speech was on integration, collaboration, and inspiration, the theme of this year’s conference. His passion for the field of counseling was evident as he spoke. While he shared his personal story I felt I was there with him throughout his years of experience. His speech had something for everyone, from the seasoned counselor to the graduate student. I hope that everyone who had the privilege of hearing him speak was able to take something away from it, just as I did. If ever given the chance to invite Dr. Gladding back to speak, I hope we take that opportunity to do so. I would like to personally thank Dr. Gladding and the North Carolina Counseling Association for giving me the opportunity to listen and learn from such a distinguished and respected professional in the field of counseling.

Thank You Conference Volunteers!

Many, many thanks to our 2016 Annual Conference volunteers! These graduate students assisted by handing out and collecting evaluations of presenters, made sure everyone at lunch on Thursday had a ticket for the door prize drawings, and “other duties as assigned” throughout the conference to make sure that everything ran smoothly. We are very appreciative of their hard work and dedication to the NCCA!

Beth Anderson
Andrew Burnette
Molly Caldwell
Brian Carr
Dustin Carter
Lissa Carter
Caroline Daniel

Hannah Daulton
Madison Ericksen
Nicole Forrisi
EJ Horrocks
Sarah James
Roberta Mason
Sarah Mehta

Cassie Peña
Michael Philbeck
Jennifer Retarides
Tim Riewald
Ismael Santillano
Jessica Smith
Amanda Spriggs
2016 Conference Award Winners

**Most Improved Division Award:** NCAMCD
**Most Effective Membership Drive Award:** ACAC

**NC Devoted Service Award:** Pattie Amundsen

**NCCA Devoted Service Award:** Angela Brooks-Livingston

**NCCA Beginning Counselor Award:** Brittany Bodwell

**NCCA Administrator of the Year:** Dr. Mark Schwarze

**Ella Stephens Barrett Award:** Dr. Christina Rosen

**Innovation & Creativity in Counseling Award:** Laura Bethea

**NCCA Special Citizen Award:** Billy West

**NCCDA New Professional Award:** Heidi Robinson

**Roy Outstanding Professional Award:** Dr. Angie Smith

**ASGW Sam Gladding Award:** Joan Hinson

Congratulations to All Award Winners!

Award Winners Pictured Left to Right: Regina Gavin Williams, Sarah Moore, Pattie Amundsen, Angela Brooks-Livingston, Brittany Bodwell, Dr. Mark Schwarze, & Dr. Christina Rosen
2016 Conference Statistics

- **Training Programs Represented**: 22
  - 16 Programs from NC
  - 1 Program from SC
  - 5 Online Programs

- **Number of Attendees**: 316
  - 3 Days
  - 86 Presentation Sessions
  - 21.5 Contact Hours

- **Clinical Settings Represented**: 68
  - K-12 Schools
  - Colleges & Universities
  - Private Practice & Community Agencies
Beth Vincent, MS, LPCA, NCC is a doctoral candidate at North Carolina State University in the Counseling and Counselor Education program. She currently works within a career counseling role, but has previously worked in community mental health positions. In addition to holding the position of Carolina Counselor editor, she serves NCCA as the Director of Information Technology- maintaining the organization’s website and social media. Her research interests include incorporating technology, innovation, and creativity into counseling and counselor education.
NORTH CAROLINA COUNSELING ASSOCIATION
- MEMBERSHIP APPLICATION -
JULY 2015 - JUNE 2016
Toll free: 888.308.NCCA
Web Site: www.nccounselingassociation.org

(PLEASE PRINT)

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Last Name: ___________________ First Name: ___________________ Middle Initial: ________

Mailing Address: ________________________________________________________________
No. & Street: __________________ City: __________________ State & Zip: __________ County: __________

Telephone: (H) (_____)_________________ (O) (_____ )_________________ E-Mail: ____________

Primary Position: □ Counselor  □ Counselor Educator  □ Student  □ Other
Setting: □ Agency  □ Community College  □ K-12 School  □ Other
□ Private Practice  □ Community College  □ University  □ Other

☐ Please DO NOT include my name in a directory of NC Counselors.  ☐ Please send paper newsletter INSTEAD of an electronic one.

Please note: Your contact information may be shared with other professional organizations for the purpose of professional development.
☐ Please DO NOT share my contact information with other professional organizations.

ANNUAL NCCA MEMBERSHIP DUES
(Required for enrollment in any Division)

☐ Professional $60.00
☐ Regular $60.00
☐ Emeritus $15.00
☐ Student ** $15.00

ANNUAL NCCA DIVISION AND INTEREST GROUP DUES

NC Association for Counselor Education and Supervision NCACES 10.00
NC Career Development Association NCCDA 15.00
NC Association for Humanistic Counseling NCAHC 5.00
NC Association for Assessment in Counseling NCAAC 5.00
NC Association for Multicultural Counseling & Development NCAMCD 5.00
NC Association for Spiritual, Religious & Value Issues in Counseling NCASERVIC 3.00
NC Association for Specialist in Group Work NCASGW 5.00
NC Addiction & Offenders Counselor Association NCAOCA 12.00
NC Mental Health Counselor Association NCMHCA 15.00
NC College Counseling Association NCCCA 10.00
Association for Gay, Lesbian and Bisexual Issues in Counseling of NC AGLBIC of NC 5.00
NC Association of Marriage and Family Counselors NCAMFC 10.00
NC Association of Adult Development and Aging NCAADA 10.00
Association for Child and Adolescent Counseling - NC ACACNC 10.00
NC Graduate Students Association NCGSA 5.00

TOTAL ENCLOSED $__________

☐ Check payable to: NCCA MEMBERSHIP
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Credit Cards may be faxed to: 919.782.9470

Note: Professional dues may or may not be deductible in full or part. Please check with your tax preparer. Approximately 10% of your NCCA dues are allocable to nondeductible lobbying efforts on behalf of the counseling profession in the state.

**Graduate Students: (Students are intended to be full time and memberships are granted at the discretion of NCCA)
Please have your counselor education faculty member sign the following statement.
"I hereby certify that the applicant is engaged in counseling studies during the current academic year."

Signature of professor and University/College Name ____________________________ Date ____________

I am aware that I may be dropped from membership in the association for conduct that is contrary to or destructive of its mission according to its Bylaws and the Code of Ethics for the American Counseling Association.

05/28/2015
About the North Carolina Counseling Association

The North Carolina Counseling Association represents diverse interests of its membership through an Executive Council, geographically located members, specialty organizations, and committees.

The fundamental purposes of the North Carolina Counseling Association shall be:

- To provide a united organization though which all persons engaged or interested in any phase of the counseling profession can exchange ideas, seek solutions to common problems, and stimulate their professional growth
- To promote professional standards and advocacy for the counseling profession.
- To promote high standards of professional conduct among counselors.
- To promote the acceptance and value of individual differences and the well-being of all individuals.
- To conduct professional, educational, and scientific meetings and conferences for counselors.
- To encourage scientific research and creative activity in the field of counseling.
- To become an effective voice for professional counseling by disseminating information on, and promoting legislation affecting counseling.
- To encourage and support division chapters.

Contact Us:

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atticia.p.bundy@gmail.com

Secretary: Cathy Sebring

Treasurer:

Member-at-Large: Senika Jones

Member-at-Large Govt. Relations: Mischelle Lockerby

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