Greetings NCCA Members!

I am excited to announce the 2015 NCCA Conference which will once again be held at the Grandover Resort in Greensboro, North Carolina, February 11th – 13th. NCCA has a history of successful conferences at the Grandover Resort, and your NCCA governing council is hard at work planning this special event. There will be a number of preconference workshops that will be offered on Wednesday, February 11th, which will address topics we expect to be of interest to our members working in a variety of settings. In addition, the call for proposals has already gone out, and we are seeing a steady stream of exciting submissions. We encourage all of our members to consider submitting a proposal and presenting at the conference. Please visit the NCCA webpage to register for the conference, reserve a hotel room, and submit a proposal (NCCA 2015 Conference Information). Please mark your calendar, and consider joining professional counselors from across the state in Greensboro, NC in 2015.

In addition to the conference planning, your governing council is hard at work with other projects that we believe will enhance membership in NCCA. For example, this year we hope (notice I stopped just short of promising) to offer online webinars—initially free to members—that will provide some CEU credits, while also providing important opportunities to grow as professionals. Membership has previously discussed the desire to have workshops more accessible to participants, and we hope this will meet that need. The plan would be for one of our divisions to offer a webinar that will be open to NCCA members. While the enrollment numbers would have to be limited—based on the service we use to host the workshop—the goal would be to offer more in the future if this proves to be beneficial. Eventually, there would be a cost involved in these webinars, but offering some of them virtually would provide access for members across the state, or beyond, and limit expenditures required to offer such workshops.

As always, there is a lot going on within the field of counseling locally, nationally, and internationally. It is critical that counselors are provided opportunities to learn and grow from one another, and we hope that this year, through the conference, webinars, and future opportunities, NCCA members will engage in learning partnerships with colleagues to continue offering the best counseling in the nation. Thank you for all you do for the profession, particularly in the state of North Carolina.

Sincerely,
Scott Glass
NCCA President 2014-2015
2015 NCCA Conference:
Navigating Our Professional World: Ethics, Technology, Advocacy, & Diversity

Conference Dates: February 11-13, 2015
Conference Location: Grandover Resort, Greensboro, NC

ONLINE REGISTRATION

Hotel Reservations:
Visit www.grandover.com
1. Click on “Check Rates”
2. On the new screen click “Promo/Corporate Code”
3. Select the bubble option for “Group Code”
4. Enter Group Code: NCCA15
5. Click “Update” then “Confirm”
6. Create reservation

Preconference Rates:
- NCCA Member – $80
- Non-Member – $110
- Student or Emeritus (NCCA Member) – $40
- Student or Emeritus (Non-Member) – $55
A detailed list of conference sessions will be posted closer to the conference date.

Conference Rates:
- NCCA Member – $140
- Non-Member – $210
- Student or Emeritus (NCCA Member) – $80
- Student or Emeritus (Non-Member) – $100
- Conference/Membership Bundle for Non-Members – $200

One Day Conference:
- NCCA Member – $100
- Non-Member – $170
- Student or Emeritus (NCCA Member) – $60
- Student or Emeritus (Non-Member) – $80
- Conference/Membership Bundle for Non-Members – $160
2015 NCCA Conference: Navigating Our Professional World: Ethics, Technology, Advocacy, & Diversity

Preconference Workshops on Wednesday, February 11, 2015

Wednesday, February 11th 9:00am-12:00pm

Demystifying Ethical Decision Making and the Complaint Process
Dr. LoriAnn Stretch & Dr. KaRae’ N. Carey
Ethical decision making is a critical component of any counselor’s toolbox. Join Drs. LoriAnn Stretch and Ka’rae Carey for an overview of the 2014 ACA Code of Ethics, the NCBLPC complaint process, and two ethical decision making models.

Motivational Interviewing in Addictions Counseling
Dr. Paul Toriello
Motivational Interviewing (MI) is an empirically supported approach to counseling clients with addictions issues. In a large number of empirical studies, MI has shown to be an effective intervention to improve rapport and increase retention and outcomes of persons with addictions issues. Participants in this workshop will be exposed to the MI philosophy, theory, and skills as they relate to the use of MI with consumers with addictions issues.

Wednesday, February 11th, 1:00-4:00pm

Creative Approaches for Counseling & Classroom Settings
Dr. Allison Crowe
This presentation will discuss creative approaches for counselors and counselor educators who are interested in supplementing traditional clinical and didactic methods with experiential ones. Participants will have an opportunity to try activities and will leave with resources they can utilize in their clinical work with clients or in the classroom with counseling students.

Positive Psychology in Integrated Care
Dr. Russ Curtis & Katie Goetz
This workshop is designed to introduce participants to the theory and practice of positive psychology and integrated health care. Throughout the workshop, students will practice research-based positive psychology interventions and determine how they can best be used to help clients who are receiving services in integrated care practices live healthier and more fulfilling lives.
Jeremiah holds a Master of Science degree in Counseling from the University of North Carolina at Greensboro. He is experienced in working with college students, young adults, adolescents, children and families. He is a Licensed Professional Counselor in North Carolina and Georgia, a Licensed Clinical Addictions Specialist in North Carolina and a Certified Advanced Alcohol and Drug Counselor in Georgia.

His career includes service in full-time college ministry, practice with the public mental health system, private counseling practice, partnerships with grant-funded programs, and work in the juvenile justice system. He is currently the Founder and Senior Consultant at The Center of Hopes™ a counseling, speaking, and training organization that provides therapeutic intervention, training and education to youth and families.

He presents as a guest speaker at conferences, schools, churches, universities, and community programs. His speaking topics include racial/ethnic diversity, treating addictions, attention-deficit hyperactivity disorder, anger management, behavior disorders in youth and young adults, identity development and team building.

Jeremiah has provided services to and worked with a variety of entities including: Georgia Southern University Continuing Education, Clark Atlanta University, Gardner Webb University, Charlotte Area Health Education Center, Niles School District, School Nurse Association of North Carolina, North Carolina Governors Crime Commission, and the Virginia Department of Alcohol and Beverage Control Board.
2015 NCCA Conference:
Navigating Our Professional World: Ethics, Technology, Advocacy, & Diversity

2015 NCCA Conference Call for Proposals

Share your expertise with other NCCA members to strengthen professional counseling in North Carolina. Whether a private practitioner, school counselor, counselor educator, rehabilitation counselor, counselor-in-training or any other counseling field, we want your proposals! Please consider submitting a proposal to present an educational session and encourage your colleagues to do the same.

All you need to do is simply click on this [LINK](#), complete the [2015 NCCA Program Proposals Submission Form](#) and submit prior to the deadline for submissions, **November 1, 2014**.

Please remember that the NCCA Annual Conference is monitored for CE compliance and presentations are reviewed and accepted according to their scholarly merit and evidence-based contribution to practice.

**ONLINE REGISTRATION**

**PRINT AND MAIL CONFERENCE REGISTRATION FORM**
Mobile Crisis Management Services No Longer Covered by Medicaid

Per the Department of Health and Human Services (DHHS) of North Carolina, Mobile Crisis Management (MCM) services will no longer be covered under Medicaid. The effective date for this change is December 19, 2014. The rational for this change in policy stems from the fact that this constitutes double billing. This policy update applies to both Emergency Departments as well as inpatient facilities. Memo issued by the DHHS.

U.S. Department of Health & Human Services Announces Grants to Improve Mental Health Services for Youth

Health and Human Services Secretary Sylvia M. Burwell announced $99 million to train new mental health providers, help teachers and others recognize mental health issues in youth and connect them to help, and increase access to mental health services for young people. These funds were included in the President and Vice President’s Now Is the Time plan to reduce gun violence by keeping guns out of dangerous hands, increasing access to mental health services, and making schools safer.

Read more about the announcement HERE.

Information retrieved from HHS News Releases from the U.S. Department of Health & Human Services
Around Campus

Online Post-Master’s Graduate Certificate in School Counseling at UNC Charlotte

Interested in becoming a licensed school counselor? UNC Charlotte offers a 12 credit-hour online certificate for counselors with a master’s degree in mental health counseling from a CACREP-accredited program. Admitted students will take a course in both of the summer sessions, one course in the fall, and complete the program with an internship in the spring. Graduates are then able to take the Praxis II and apply for licensure as a school counselor in North Carolina. Classes start May 19 so apply now.

The coursework is completed online and the internship can be completed at a school near you.

You will find program information [online](http://example.com). Contact Shanna Coles at shannacoles@uncc.edu for additional information.

NCCA Announcements

Volunteers Needed for Member-At-Large Support Subcommittee

I am still interested in getting a subcommittee together to support the Member-At-Large (Government Relations) position in attending important meetings across the state. We currently have the meeting times/locations for LPCANC, NCBLPC, Coalition, and Professional Associations Council (PAC). These meetings are typically held in Raleigh or Greensboro. If you will contact me, I can let you know when the meetings will be taking place and you would just report back to me a summary of the meeting. I can then update NCCA through the Newsletter. Please contact me if you would like to be involved: bundya@rockinghamcc.edu.

Atticia P. Bundy, PhD, LPC, NCC Counselor
Rockingham Community College
Whitcomb Student Center
336-342-4261 ext. 2100
The North Carolina Grad Student Association (NCGSA) is a division of NCCA that deals directly with graduate students—from programming to networking to training! All for you, Grad Student!!

Why Get Involved in NCGSA?

Looking for a great way to get leadership experience or broaden your resume? Want to get state-wide exposure to issues facing counselors in our state? Want to better the graduate school experience for yourself and others? These are all important reasons to join and get involved!

How Do I Get Involved?

To be a general member, just fill out your NCCA Membership form and mark that you would also like to join NCGSA (for $5!!). For just $20, you will be a member of the NCCA AND NCGSA for the entire year and get access to all the trainings, networking, and events targeted specifically for you!

NCCDA 2014 Annual Conference Announcement

NCCDA FALL CONFERENCE – 11/7/14!
@ Wake Tech – Raleigh, NC

Join us for a day of professional development focused on managing change in the workplace and career transitions.

This year’s conference will offer tools and strategies to navigate, innovate, and recreate through these transitions.

Topics for discussion will include encore careers; the changing dynamic of the workplace; and the ‘new’ gap year, in addition to roundtable sessions focused on best practices in university career services, k12 programming, private practice, and other topics of interest. This is an excellent opportunity to connect with your colleagues across NC and continuing networking and learning together. We look forward to seeing you in November!

Register Online Now  Conference-at-a-glance Schedule

Get Involved with the NC Graduate Student Association

The North Carolina Grad Student Association (NCGSA) is a division of NCCA that deals directly with graduate students—from programming to networking to training! All for you, Grad Student!!
There are so many ways to engage with and/or learn about the 2014 ACA Code of Ethics. Use the following list of resources for guidance and support as necessary.

Download the full 2014 Code [here](#).

Listen to a free podcast about the 2014 Code [here](#).

View a comprehensive six-part webinar covering various components of the 2014 Code [here](#).

Read the lead article in the June issue of Counseling Today titled "A Living Document of Ethical Guidance" [here](#). You can also search the archives of CT Online for other articles on the 2014 Code. For example, the August Technology Tutor column focused on the new technology ethics in the 2014 Code.

Start reading ACA's six-part monthly series titled “New Concepts in the ACA Code of Ethics,” featuring interviews with the Ethics Revision Task Force. The interviews are currently being published in Counseling Today but will also be posted [here](#).

Consider purchasing the following ACA books:

**ACA Ethical Standards Casebook, 7th Edition**
Barbara Herlihy and Gerald Corey

**Boundary Issues in Counseling: Multiple Roles and Responsibilities, 3rd Edition**
Barbara Herlihy and Gerald Corey

**Ethics Desk Reference for Counselors, 2nd Edition**
Jeffrey E. Barnett and W. Brad Johnson

Schedule a free Ethics Consult with ACA. Members may contact the Ethics Department at any time. Our professional counselors on staff are well-versed in all new concepts within the 2014 ACA Code of Ethics. Call (800)347-6647, ext. 314 or email ethics@counseling.org.

Retrieved from American Counseling Association/www.counseling.org
Graduate Student Essay Competition - Supported by Gerald and Marianne Corey and Allen and Mary Bradford Ivey (open to all ACA members enrolled in counseling-related graduate studies at an accredited college or university).

Future School Counselors Essay Competition - Supported by the Roland and Dorothy Ross Trust (open to all ACA members enrolled in counseling-related studies at an accredited college or university leading to a career as a professional school counselor at the elementary, middle, or high school level). Only future school counselors who intend to function in preK-12 educational settings are eligible.

Eligibility and Competition Rules

Only ACA student members can participate in the essay competitions (if not currently a member and you wish to join or renew, please go to www.counseling.org/membership.) Competitions are open to master's and doctoral level students. Previous Grand Prize winners are not eligible, but runners up and honorable mentioned awardees may submit essays.

You may enter only one of the two competitions. You must be a currently enrolled student (fall semester/term 2014), taking one or more graduate level courses at an accredited college or university.

For the ACA Future School Counselors Essay Competition, you must certify that you are working toward a career as a professional school counselor at the elementary, middle or high school level.

You must submit an essay, 500 words or less in length, that addresses the theme identified below, and submit the essay via the online essay submission site below (essays that exceed 500 words, as well as any emailed or mailed submissions will not be accepted).

The decisions of the judges are final. All entrants, by the act of entering, grant the American Counseling Association and the ACA Foundation the right to publish their essay as part of the post-competition publicity in ACA’s Counseling Today magazine and on the ACA and ACA Foundation websites. There can be no substitution of prizes and no cash returned on any portion of the unused ACA eGift Certificate prizes.

Entries must be received no later than December 12, 2014 at 11:59 PM, EST. Entries received after this time will not be considered.

Retrieved from American Counseling Association/www.counseling.org
ACAF 2015 Graduate Student Essay Competitions

**Prizes**

Corey/Ivey Graduate Student Essay Competition

Grand Prize Winner (1)
- $1,000 grant, Complimentary registration for ACA 2015 Annual Conference, $250 ACA eGift certificate, and Publication of essay in *Counseling Today*

Runners-up (5)
- Complimentary registration for the ACA 2015 Annual Conference, and $250 ACA eGift certificate

Honorable Mention (10)
- Complimentary registration for ACA 2015 Annual Conference OR $250 ACA eGift certificate

Ross Trust Future School Counselors Essay Competition

Grand Prize Winner (1)
- $1,000 grant, Complimentary registration for ACA 2015 Annual Conference, $250 ACA eGift certificate, and Publication of essay in *Counseling Today*

Runners-up (5)
- Complimentary registration for the ACA 2015 Annual Conference, and $250 ACA eGift certificate

Honorable Mention (10)
- Complimentary registration for ACA 2015 Annual Conference OR $250 ACA eGift certificate

**Essay Theme**

"ACA recently approved a significant revision to its Code of Ethics. State your belief as to the fundamental purpose of ethical standards in the counseling profession and how they can be more effectively communicated to the membership and the profession." Link to *ACA Code of Ethics: [http://www.counseling.org/docs/ethics/2014-acca-code-of-ethics](http://www.counseling.org/docs/ethics/2014-acca-code-of-ethics)*

For more information about the essay contest and how to submit your entry, please visit: [http://www.counseling.org/about-us/awards/student-awards](http://www.counseling.org/about-us/awards/student-awards)

If you have any questions regarding these competitions, please email them to essaycontests@counseling.org.

Retrieved from American Counseling Association/www.counseling.org
As published in *Counselor Education and Supervision*, a recent study examined pedagogy in counselor education by conducting a content analysis with 230 articles over a decade. Counselor educators may find this article useful as suggestions are made regarding the need to derive empirically-based student outcome measures in counselor education. There may be other factors to consider when further advancing pedagogy for teaching and learning specifically for counseling students, including professional development to enhance teaching strategies, measurements of student-outcomes, and connection of student-outcomes to counselor practice effectiveness with clients. *Counselor Education and Supervision* is the journal of the Association for Counselor Education and Supervision, a division of the American Counseling Association.

Read more...

Retrieved from American Counseling Association/www.counseling.org
We're streamlining our education sessions into Tracks this year to give you the option of focusing on particular areas of interest. Click on a track below to see individual education session titles.

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<td>Career Development and Employment Counseling</td>
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<td>Counselor Education and Supervision</td>
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<td>Couples, Marriage, and Family Counseling</td>
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<td>Gerontological Counseling</td>
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<td>Human Development Across the Lifespan</td>
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<td>Rehabilitation Counseling and Disability Issues</td>
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<td>Technology and Social Media in Counseling</td>
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<td>Wellness</td>
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(Continued on page 14)
Tracks not your style? No worries. You can still "freestyle it" and attend a wide variety of education sessions from multiple tracks.

While you're here, take a moment to review our Pre-Conference Learning Institutes. Earn 6 CE hours per daytime session, 3 per evening session (separate rates apply). Pre-Conference Learning Institutes take place March 11-12.

Register now to take advantage of the lowest rates of the year! The 2015 Conference is more affordable than ever. With hotel rooms starting at $99 and hundreds of flights from low-cost airline carriers servicing Orlando each day, this Conference is a definite value. And the icing on the cake? All 2015 activities will be held in one venue - The gorgeous Hyatt Regency Orlando.

From the unique natural beauty of the Everglades and wildlife to the one-of-a-kind famous family-friendly attractions, there's truly something for everyone in Orlando. Join us.

2015 ACA Conference Keynote Speakers Announced

Opening Keynote
Actress Mariel Hemingway was the focus of the recent documentary Running from Crazy, which examined her personal journey to understand the Hemingway family history of suicide and mental illness. Watch the official trailer here.

Saturday Keynotes
Dr. Richard Balkin & Dr. Jeffrey Kottler: The Power of Relationships in Counseling—and the Counselor’s Life - What do you do to help people that matters most? What is it about your particular counseling style that leads to the best outcomes with clients, regardless of their background and presenting issues? Read full description here.

ACA 2015 Conference & Expo: March 12-15; Pre-conference Learning Institutes, March 11-12. REGISTER by midnight on Sept. 15 to take advantage of the lowest (Super Saver) rates of the year.
**Legislative News**

*Mishele Lockerby* is presently a graduate student at Montreat’s Clinical Mental Health Counseling Program. She has experience working in mental health as an Access Clinician with Foothills Area Program LME in Morganton, NC where she worked in this capacity for four years. Most recently, she worked as a Mobile Crisis Clinician for a local non-profit, Phoenix Counseling Center. She does volunteer work on the side as an interpreter. Presently, she earns a living as an insurance agent for Allstate insurance company where she is licensed in all 50 states. Her goals post-graduation is to pursue licensure as an LPC and apply for doctorate study either at UNCC- Charlotte or USC Columbia's Ph.D in Counselor Education Program. Her research interests include PTSD with civilian and military populations and immigrant/Latino mental health and acculturation issues.

**Around Campus**

*Emily Gray* is currently a Clinical Mental Health Counseling graduate student at the University of North Carolina at Pembroke. She is interested in working with children who have suffered from maltreatment and neglect. She would like to research how maltreatment and neglect impact child development. She would like to incorporate art and music into counseling as a form of treatment, as well as play therapy.

**Division News**

*Currently Unfilled*
Meet the Carolina Counselor Section Editors

NCCA Member Spotlight

Currently Unfilled

Perspectives from the Field

Emily Donald is a doctoral student at the University of North Carolina at Charlotte. Currently in her 5th year, she is chipping away at her dissertation while maintaining that the only non-negotiable goal is to finish, even if it takes a bit longer. She has two children, ages 4 and 2, as well as a wonderful husband without whom this whole PhD thing would be impossible. Emily's research interests are in play therapy, social justice, and the internationalization of counseling. She is a registered play therapist and licensed professional counselor; she has experience working with all ages in an agency setting.

NC Diversity and Advocacy

Currently Unfilled

We currently need to fill three section editor positions for the NCCA newsletter, Carolina Counselor. Section editor positions are open to any interested Masters- or Doctorate-level graduate student. The positions are voluntary.

(1) Division News
(2) Member spotlight
(3) NC Diversity and Advocacy News

The Carolina Counselor is published three times a year: fall (October), winter (February), and spring/summer (June). If you are interested in holding any of these three positions, please email a brief statement of interest to Katie Kelly, the newsletter editor, at kcs002@bravemail.uncp.edu. Statements of interest should address why a student is interested in the position as well as any relevant experience.

The deadline to submit statements of interest is November 1st 2014.

Katie Kelly
Editor, Carolina Counselor
NORTH CAROLINA COUNSELING ASSOCIATION
- MEMBERSHIP APPLICATION -
JULY 2014 - JUNE 2015

(PLEASE PRINT)
☐ Miss ☐ Ms. ☐ Mrs. ☐ Mr. ☐ Dr.
Name: ____________________________ Last First Middle Initial

Mailing Address: ____________________________ No. & Street ____________________________ City ____________ State & Zip ____________ County ____________

Telephone: (H) (_____) _______ (O) (_____) _______ E-Mail: ____________________________

Employer/School: ____________________________

Primary Position: ☐ Counselor ☐ Counselor Educator ☐ Student ☐ Other
Setting: ☐ Agency ☐ Community College ☐ K-12 School ☐ Private Practice ☐ University ☐ Other

☐ Please DO NOT include my name in a directory of NC Counselors. ☐ Please send paper newsletter INSTEAD of an electronic one.

Please note: Your contact information may be shared with other professional organizations for the purpose of professional development.

☐ Please DO NOT share my contact information with other professional organizations.

ANNUAL NCCA MEMBERSHIP DUES ☐ Professional $60.00 ☐ Regular $60.00 ☐ Emeritus $15.00 ☐ Student ** $15.00
(Required for enrollment in any division)

ANNUAL NCCA DIVISION AND INTEREST GROUP DUES
NC Association for Counselor Education and Supervision NCACES 10.00
NC Career Development Association NCCDA 15.00
NC Association for Humanistic Counseling NCAHC 5.00
NC Association for Assessment in Counseling NCACC 2.00
NC Association for Multicultural Counseling & Development NCAMCD 5.00
NC Association for Spiritual, Religous & Value Issues in Counseling NCASRVIC 3.00
NC Association for Specialist in Group Work NCASGW 5.00
NC Addiction & Offenders Counselor Association NCAOA 12.00
NC Mental Health Counselor Association NCMHCA 15.00
NC College Counseling Association NCCCA 10.00
Association for Gay, Lesbian and Bisexual Issues in Counseling of NC AGLBIC of NC 5.00
NC Association of Marriage and Family Counselors NCAMFC 10.00
NC Association of Adult Development and Aging NCAADA 10.00
Association for Child and Adolescent Counseling - NC ACAANC 10.00
NC Graduate Students Association NCGRSA 5.00

TOTAL ENCLOSED $_________

☐ Check payable to: NCCA MEMBERSHIP
☐ VISA ☐ MasterCard ☐ American Express ☐ Discover

Expires ____________ Security Code ____________

Signature ____________________________ (Required to process if paying by credit card)

Date ____________

MAIL TO: NCCA, P.O. Box 20875, Raleigh, NC 27619 CREDIT CARDS MAY BE FAXED TO: 919.782.9470

Note: Professional dues may or may not be deductible in full or part. Please check with your tax preparer. Approximately 10% of your NCCA dues are allocable to nondeductible lobbying efforts on behalf of the counseling profession in the state.

** Graduate Students: (Students are intended to be full time and memberships are granted at the discretion of NCCA)
Please have your counselor education faculty member sign the following statement.

"I hereby certify that the applicant is engaged in counseling studies during the current academic year."

Signature of professor and University/College Name ____________ Date ____________

I am aware that I may be dropped from membership in the association for conduct that is contrary to or destructive of its mission according to its Bylaws and the Code of Ethics for the American Counseling Association.

06/12/2014

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The North Carolina Counseling Association represents diverse interests of its membership through an Executive Council, geographically located members, specialty organizations, and committees.

The fundamental purposes of the North Carolina Counseling Association shall be:

- To provide a united organization through which all persons engaged or interested in any phase of the counseling profession can exchange ideas, seek solutions to common problems, and stimulate their professional growth.
- To promote professional standards and advocacy for the counseling profession.
- To promote high standards of professional conduct among counselors.
- To promote the acceptance and value of individual differences and the well-being of all individuals.
- To conduct professional, educational, and scientific meetings and conferences for counselors.
- To encourage scientific research and creative activity in the field of counseling.
- To become an effective voice for professional counseling by disseminating information on, and promoting legislation affecting counseling.
- To encourage and support divisions and chapters.

Contact Us:

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glassj@ecu.edu

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jeffrey.warren@uncp.edu

President-Elect: Angela Shores  
ashores@montreat.edu

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Member-at-Large: Joan Lawrence

Member-at-Large: Atticia Bundy  
bundya@rockinghamcc.edu

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Dir. of Information and Technology/  
NCCA Newsletter Editor:  
Kathryn Kelly  
kc002@bravemail.uncp.edu  
nccounselingassociationweb@gmail.com

“Dedicated to the growth and development of the counseling profession and those who are served.”